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EKAM 2023 Annual Report



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Vision and Mission Statements



Our choice of this year's cover photo for this Annual Report represents everything Ekam USA stands for:

- medical care for children and differently-abled patients
- supporting education for the girl child,
- livelihood support to underprivileged women and youth
- Community service to the homeless, elderly, and children in orphanages
- Urgent disaster relief to communities in need

Our Vision

Ekam USA's vision is to improve the community's overall health through a multi-pronged approach to quality healthcare, education, and livelihood support, as well as provide relief in times of natural disasters. Through these 4 core initiatives, we hope to install sustainable solutions to communities in need across the world.

Our Mission Statement

Ekam USA's mission is to improve the quality of life for the marginal and underprivileged communities through a multi-pronged approach:

1. We work to improve medical care, education and financial independence, with a focus on women and children.
2. We develop sustainable, long-term solutions through impactful projects to uplift and empower vulnerable communities. We strive to create a holistic approach towards the Whole Family with a focus on children and mothers.
3. We believe every individual has the right to quality medical care, education, and self-reliance, regardless of their socio-economic status, race, or gender.
4. We build collaborative partnerships with various non-profit organizations of similar missions to create a consortium that can provide multi-faceted assistance to needy families to rehabilitate and strengthen their overall well-being.

Director's Note

"We have been busy! Thanks to the support of our donors committed to the cause of Ekam and due to the efforts of relentless volunteers who identify those in need and fulfill the mission of Ekam. We are grateful to our partners in the USA and India who provide feet on the ground to reach the remote villages of India and those in utmost need – children, orphans, elderly, pregnant women, farmers, physically or intellectually challenged.

Ekam USA is growing in roots and branches, in terms of chapters, volunteers, donors, and the impact we are having by reaching hundreds of beneficiaries. Our focus is strong in the 4 chosen areas of Medical/Health, Education, Community Empowerment (Livelihood, Food donation, Environment) and Disaster Relief. This is our path for community empowerment while building tomorrow's nation through our youth volunteers who fundraise, participate, and make the programs successful.



We are proud to announce that our volunteers have spent >10,000 service hours and have been recognized by 89 President's Volunteer Service Awards for their 2023 efforts- 31 Gold, 15 Silver, and 43 Bronze awards. These youngsters learn the values of Ekam USA and strengthen them through their actions.

Looking forward to a busier, more impactful year again!"

Neelima Reddy, MD, MSPH, FAcG. Director, Ekam USA, Inc.

Governor of Louisiana and Regional Counselor, American College of Gastroenterology

Donate to support any of our currently running campaigns:

Save Twin Babies

Medical Care for
Pregnant Women
and Newborns

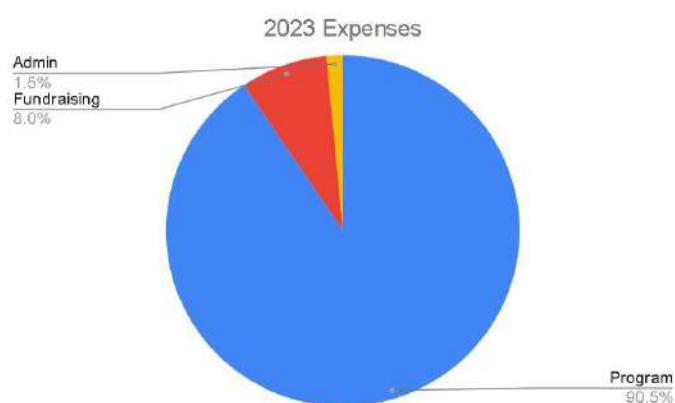
Education Support
for College Students

Bicycles for
Underprivileged Girls

Financials

\$224,829 spent on projects in 8 states of India and in the USA.

\$87,350	Medical/Health	Medical support to babies, thalassemia patients, spinal cord injury patients, prosthetic limbs, cataract surgeries, clean water to villages, sanitary supplies
\$57,444	Education	Education support in schools and to medical students, toilets in schools, school supplies, benches
\$32,480	Community Empowerment	Livelihood support to underprivileged youth and women with vocational training- nursing assistant, lab tech, AC tech, electrician training
\$47,538	Community Service	Food donation to orphan children, elderly in nursing homes, homeless, physically and intellectually disabled patients. Disaster relief. Service activities to communities, supplies, blankets, etc. to shelters.



**EKAM
Financials**

Click to Donate

Value Circle Membership

Value circle families provide sustainable support to Ekam USA projects by donating \$250/ year or \$20/month – “Save a child for the cost of a pizza.”

\$250 matching will be given by Ekam USA for the chapter/ member to choose the projects to spend these funds – locally or internationally.

Value circle family members are given the opportunity to be the leaders in Ekam USA, in recognition of their commitment in terms of time, talent, and treasure they are contributing to the organization. These youth ambassadors will receive letters of recommendation from the chapter directors as well, and every opportunity to enhance their career and goals..

**Join Ekam's
Value Circle**

Current Campaigns:

Save Twin Babies

**Medical Care for
Pregnant Women
and Newborns**

**Education Support
for College Students**

**Bicycles for
Underprivileged Girls**

Support EKAM

Thank you

To the donors who give unconditionally, with trust in Ekam USA to spend their money in the right way to help those in need.

To the volunteers who give their time, talent, and treasures to Ekam USA

To the youth who are the Ekam Soul Force for the future

To the beneficiaries who make it all worthwhile, giving us this opportunity to serve them.

Donation Options

- **Check:** Ekam USA, Inc. P.O. Box # 83931, Baton Rouge, LA 70884.
 - Please provide your email so we may send receipts.
- **Zelle:** To ekamusa16@gmail.com (No fee).
- **Paypal Giving Fund:** (No fee)
- **Paypal:** To ekamusa16@gmail.com.

**Click to
Donate**

EKAM USA Campaigns

EKAM Projects

**Find Your Local
Chapter (US)**

Donate to support any of our currently running campaigns:

Save Twin Babies

**Medical Care for
Pregnant Women
and Newborns**

**Education Support
for College Students**

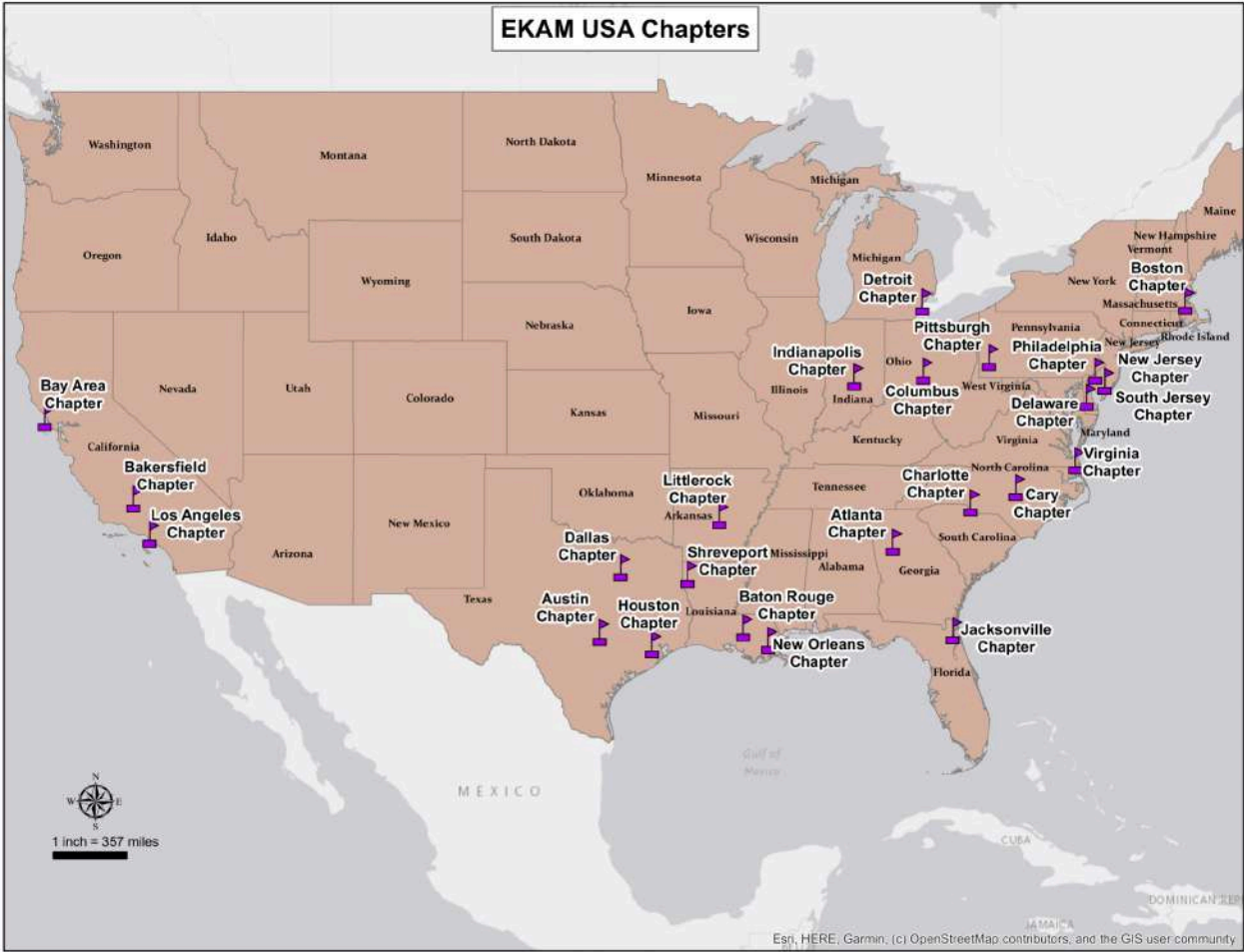
**Bicycles for
Underprivileged Girls**

Your donation is 100% tax-deductible as Ekam USA is a 501(c)(3) nonprofit organization. We strive to use 100% of your donation towards the project and our admin cost is <2% because Ekam USA is completely run by volunteers.

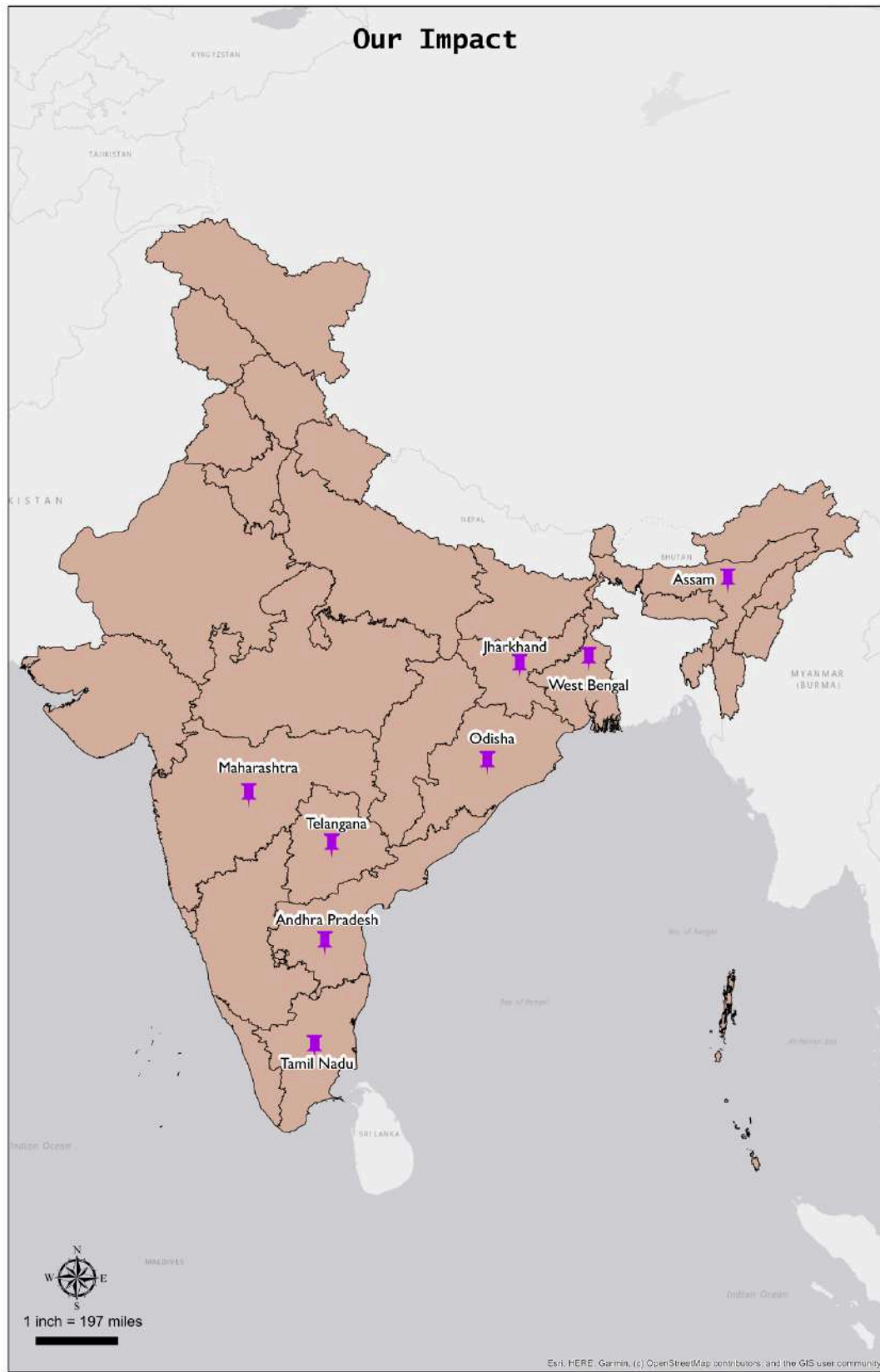


2023 Project Highlights

US Chapters



India Chapters



2023 Project Highlights

Mission for Vision



EKAM sponsored 250 Cataract Surgeries in India helping eradicate preventable and curable blindness. It is with the support from Donors like EKAM USA, Sankara Eye Foundation India as a group that can perform over 700 free eye surgeries every day. They have reached free surgical care to over 2.5 million needy patients so far.

Location: India, Andhra Pradesh- Guntur, Punjab- Ludhiana

Beneficiaries: People with financial need, \$30 per surgery, 150 beneficiaries in Guntur and 100 beneficiaries in Ludhiana.

Budget: \$4680

Ducklings for Families in Jharkhand

To improve the Livelihood of Tribal Women and make them self-reliant, EKAM has donated ducklings at \$20 per family.

Location: Jharkhand

Beneficiaries: 25 Tribal Area-Jharkhand

Budget: \$500

Clean Water projects



To improve the quality of people living without basic access to safe drinking water, EKAM USA, Ekam Houston, Ekam Little Rock, Ekam Columbus, and Ekam Dallas chapters have set up a Reverse Osmosis water plant. EKAM USA is committed to improving the quality of life of lower-income people by providing clean water to the people of Lakshmakkapalli, Martur Mandal, Rajupalem, and Santhinagar villages.

Budget: \$6,000

Location: Andhra Pradesh- Rajupalem and Santhinagar villages (Martur Mandal). Lakshmakkapalli village (Tarlupadu mandal)

Food Donation

EKAM Chapters of Boston, Little Rock, and the Bay Area have sponsored food to several Orphanages in India throughout the year.

Location: India, Andhra Pradesh & Telangana

Beneficiaries: Children of Orphanages

Budget: \$7400

2023 Project Highlights

Bicycle Bank Donation



Adolescent girls from lower socioeconomic status are made to stop attending school due to financial constraints and concern for their safety traveling long distances to the school. EKAM USA's mission is to support education for girls students through this project.

Location: Andhra Pradesh – Sanikavaram and Bommalapuram High Schools, RC Kota High School

Beneficiaries: 95 High school girls in financial need

Prosthetic Limb Camps

8 chapters of EKAM USA donated 134 prosthetic limbs for medical camps in Hanamkonda and Hyderabad at \$55 per limb. EKAM USA is committed to improving the quality of life of lower-income disabled people by funding “Artificial Limbs” to improve mobility to manage daily activities, as well as provide the means to stay independent.

Location: Telangana – Hyderabad, Hanumakonda

Beneficiaries: Disabled People with financial need/Children of lower-income families, 134 beneficiaries

Amount Donated: \$9,965

Thalassemia Kids - Transfusion Kits

Children from poor financial backgrounds whose parents cannot afford the cost of life-saving monthly transfusion kits are supported by Ekam USA in Tamil Nadu.

Location: Tamil Nadu, Coimbatore

Beneficiaries: Kids with financial need, 41 underprivileged children

Amount Donated: \$14,378



2023 Project Highlights

Enhancing Hygiene Practices and Menstrual Health Management



Enhancing Hygiene Practices and Menstrual Health Management among Adolescent Girls in Poor and Marginalized Communities.

Location: Andhra Pradesh–Krishna District

Beneficiaries: 100 Lower income Women and girls from various Orphanage homes

Blanket Donation to Tribals

EKAM USA sponsored funds for the Blanket drive in Telangana Tribal areas, particularly the tribal communities of Kothagumpu, Eravendi, Mothe, and Chinthakunta. Blankets were also donated to people living on the streets in Guntur.

Location: Telangana, Bhadrachalam, Guntur

Beneficiaries: 3000 people in tribal areas of Kothagumpu, Eravendi, Mothe, Chinthakunta, Guntur

Winter Blanket Donation

EKAM USA sponsored funds for 1125 blankets were distributed to various orphanages, tribes, low-income populations and the homeless.

Location: Karnataka, Andhra Pradesh, and Telangana

Beneficiaries: 1125 Tribal and Rural People

Amount Sponsored: \$4500

2023 Project Highlights

Medical Equipment Donation

Improving service delivery by providing vital medical equipment. High flow oxygen meters, humidifiers, and infusion pumps to a Primary Health Centre in Thoothukudi, Tamil Nadu after floods washed away the essentials. Around 5600 patients visiting the primary health center every month had better access to quality and timely treatment.



Location: India, Tamil Nadu, Thoothukudi

Beneficiaries: 5600 Disabled Adults/Children of lower income group

Budget: Rs 2,07,725

Veppur Millet Project - Livelihood

Location: India, Tamil Nadu, Perambalur District, Veppur Panchayat

Beneficiaries: Women farmers' collective group

Amount: \$11,366



EKAM USA provided funding for equipment including a pulveriser, dehusser and uruli roaster were provided to Millet farmers so they could increase their yield and sell at a higher market price, providing a higher income.

For a complete list of chapter activities and how to be involved, visit the [EKAM USA chapter pages](#).

EKAM USA Campaigns

EKAM Projects

EKAM USA: Atlanta, GA

Ekam Atlanta has adopted the Dindigul district in India.

\$4,201 total raised

18 EYAs

10 Adult Volunteers

8 Value Circle Members

Plant Fundraiser for Back to School

EKAM Youth Ambassadors also did a plant sale to raise funds for the back-to-school supply drive. We gave school supplies to foster care kids in the shelter.



Bennett's Place

Ekam Youth Ambassadors donated games and science kits to Bennett's place. The EYAs also talked about a Girl Scout project and did some story time with the kids at the center.



Presidential Volunteer Service Awardees (PVSA)

EKAM Youth Ambassadors: Anusha, Ashriya, Daksh, Misha, Hasini, Mahika, and Nadia

Parent Volunteers: Sudha and Jayanthi

3 Bronze, 1 Silver, 5 Gold

1000+ volunteer hours by **18** EYAs



My Sister's Place

15 kits of necessities and shelter staff-requested items are purchased, assembled, and donated for residents at My Sister's Place women's shelter, Gainesville Georgia. 100 plus treat bags are made and donated to the shelter along with goodies for staff and books and toys for kids. EYAs also assembled a toddler bed and cleaned up the pantry and refrigerator at the premises.



Kendra Scott = \$1780

In May 2023, we did a Kendra Scott Fundraiser at the Avalon Mall for Mother's Day. Flyers are passed on to promote Ekam USA and refreshments are served at the store. The total amount of funds raised from the Kendra Scott fundraiser was \$1780.27, which benefitted a local women's shelter and women's healthcare service projects in India.



Cookies for the Homeless

Our EYAs and parent volunteers made and donated 100 plus treat bags and Cookies to the homeless in Downtown Atlanta for Valentine's Day and Thanksgiving.





Python Classes = 20 students

Our chapter hosted Python Classes for underprivileged students in June and July through Zoom. Students learned basic and advanced concepts and worked on a project to showcase their learnings.

Java Classes = 10 students

During the summer, EKAM Atlanta chapter conducted online classes for 8 weeks, totaling 80 hours to teach basic to advanced level Java, for college students in India.

EKAM USA: Bakersfield and Philadelphia

Hearing Aid Project

Children with congenital hearing loss causing speech and language delays were screened through organizations Koshi and DEIC Coimbatore. The project assisted Mathayan, aged 8 years male with both ears severe sensorineural hearing loss, and Priya, aged 2 years female with both ears having moderate sensorineural hearing loss.



Thalassemia Project

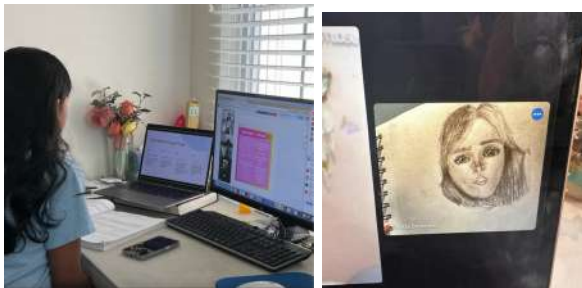
41 kids with Thalassemia needing blood transfusions every 2 weeks at GH, Coimbatore. We assisted them by providing transfusion supplies and filters for quarterly safe and efficient blood transfusions through 2023.



EKAM USA: Bay Area

SACAS Diwali Fundraiser

EYAs collaborated with the City of Sunnyvale to host a booth at the annual SACAS Diwali Festival (which occurs every October). They assembled clothes and designed bracelets, jewelry, and other products to sell, which amassed **\$350 total**.



Summer Tutoring

EYAs Anushka, Saathvika, and Lasya **raised \$890**, by conducting Python, Public speaking, and Art classes.

Food Donations

EYAs Anagha, Arshea, Aditya, Anushka, Trisha, Saathvika, Lasya, Sowmya, Anika, and Abhinav donated meals to various shelters namely LifeMoves, San Lorenzo Family Center, First Presbyterian Church of Hayward. 180 meals donated to San Lorenzo Family Center with each package containing pasta, fruit, snack, fruit juice, and a personal card. 275 lunch meals to South Hayward Parish Drive. 115 sandwich packages to LifeMoves. 30 meals were donated to the First Presbyterian Church of Hayward



EKAM USA: Bay Area

San Ramon City Events

EYAs Aditya, Arshea, Anika, Saathvika, Trisha participated in various city events. They engaged children with face painting, distributing tokens to attendees honoring veterans, helping with seasonal events like Halloween, volunteering in Bah Humbug and Fourth of July runs, annual lighting, apple picking etc.



Kendra Scott Fundraisers - Walnut Creek Broadway Plaza

EYAs Anika, Arshea, Lasya, Spoorthi, and Trisha participated in several Kendra Scott Fundraisers benefiting Ekam.

PVSA Winners



EKAM USA: Boston, MA

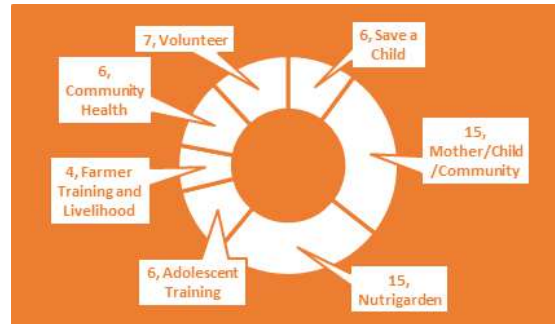
\$100,001.74 total funds raised during (Jan 2023 – Dec 2023):

211 total EYAs

55 total # adult volunteers

2131 hours total put in by President Volunteer Service Award (PVSA) winners

365 total # of projects implemented



Shelters supported in the USA

With the constant need to keep basic food coming, Boston families stepped up important celebrations in their life by sponsoring meals. Youth volunteers (ages 5+) prepared fresh wholesome 5271+ meal packages to feed guests at 12 different local shelters throughout the year. Raised **\$13,685.32**



Orphanage Meal Sponsorship in India

Families sponsored full day meals at 5 different orphanages in Andhra and Telangana on various occasions like Anniversaries, Birthdays, Festivals and celebration of after life of loved ones etc. Our team raised **\$12,563** through corporate matches to support sustainable well being projects in India.



Project Medical Kits

A total of **\$1800** was raised to provide Medical Kits for 15 bedridden cerebral palsy patients for one year, donated to poor bedridden cerebral palsy patients in Andhra and Telangana by executing partner Hope4Spandana.



EKAM USA: Boston, MA



Mission to Vision

We sponsored 100 Cataract Surgeries in 2023 through Marturu Camp in Prakasam District, Andhra. Budget **\$3000**. Executing Partner: Sankara Eye Foundation.

International Day of Persons with Disabilities

A training center for disabled and underprivileged children was opened by donating 2 Laptops and 3 wheel chairs and facilitated a free soft skills education center for poor children and Training center with job placement opportunities for physically challenged in Balasamudram, Warangal Dist, Telangana. Budget **\$850**. Executing Partner: Vathsalya Foundation.



The Undies Project

To boost the dignity and self esteem of the marginalized girls, 2 sets of intimate wear were provided to 131 adolescent girls in 3 different homes. Budget **\$500**. Executing Partner: Extra Mile for a smile



Sanitary Pads

Distributed biodegradable eco friendly sanitary packs good for a year to 300 adolescents at ZPHS Jangaon dist. And to 100 girls at Refah-e-Aam high school in Hyderabad and 60 girls in "Maa Illu" Telangana. Executing Partner: Sahaja Foundation, Hyderabad. Budget **\$520**



EKAM USA: Boston, MA

The Wish Project

104 backpacks donated to local underprivileged kids. Youth volunteers Nikhil and Jayan Byrapuram put together 104 backpacks + school supplies with \$1400 they raised to benefit kids.



Rise Against Hunger

On the occasion of the 3rd anniversary 48 youth and adult volunteers donated \$4000 and spent 4 hours at New England Warehouse to pack nutritious non-perishable food packages to feed 10,152 people in Zimbabwe. Each pack contained dry soya, dry vegetables, vitamin sachet and rice.



Savers Clothing Drive

Two rounds of Savers FunDrives (clothing drives) were conducted by several adult and youth volunteers from a dozen towns. We collected 1300+ lbs of clothes, soft/small household goods including books and delivered to the nearest Savers facility which generated a total of \$1545. Funds were spent on environment protection, sponsoring 150 trees through "TEAM TREES" locally and plantation of 100 trees in Punnaveli, Krishna Dist, Andhra.



Donations of Caps and Scarves to Turkey and Syria

Several Adult and Youth volunteers made 75 woolen caps and 95 scarves made out of fleece material. These made their way to Turkey and Syria earthquake victims.



EKAM USA: Boston, MA

PVSA 2023



For a complete chapter report, check out the [Boston chapter](#).

Volunteers are at the “Heart of the Organization” and their efforts were duly recognized. 16 Youth Volunteers and 4 Adult Volunteers were recognized with the prestigious President's Volunteer Service Award (PVSA award) for 2023, as well as 3 EKAM USA Special Recognition awards.

EKAM USA: Charlotte, NC

Medical Kits for Patients = \$ 600 Sponsorship of Cataract Surgeries = 20

EKAM Charlotte donated the money for medical hygiene kits to spinal cord injury patients who are paralyzed or bedridden. These kits help them with bladder and bowel function and prevent infections. These patients cannot afford the supplies and have a long-term need for these kits. Each kit was for \$12, supporting 5 patients for 10 months.

20 cataract surgeries were sponsored through Sankara Eye Foundation.

Cyclone Michaung Flood Support

We donated 50 Blankets for victims of the Cyclone Michaung flooding that struck Chennai.

Bed and Mattress Donation to Old Age Home

Volunteer, Anika, provided summer tutoring. Anika did summer tutoring and used the funds collected from the tuition to donate 3 beds and mattresses to the A to Z Old Age Home in Noida.

Food Pantry Support

Volunteers helped organize the pantry in Waxhaw, NC.

Bake Sale = \$160



Dilworth Soup Kitchen Served Lunch

EKAM USA: Columbus, OH

Value Circle Members: 3
Total Funds Raised: \$7800

ISKON The Festival of Colors



Columbus Congenital Heart Walk



Navaratri Mela with TANA



EKAM USA: Indianapolis, IN

Ekam Indianapolis has adopted Madurai, Tamil Nadu in India.

\$23,451 total raised

\$3,135 raised for local needs

\$3000 in Value Circle Donations (Many thanks to families of Ajay & Shivika, Aravind & Surekha, Bharat & Madhavi, Chetan & Mona, Jahnvi & Mounish, James, Lakshmi, Nirmala & Suresh, Praveen & Sujata, Prameela, Shobha & Vijayapal, Sukumar & Uma)

Support for Anganwadis

We funded basic needs like weighing scales, educational and play materials for 132 Anganwadis in Madurai, Salem and Chennai, helping over 3000 kids.



Vision Care Camps & Cataract Surgeries

Recognizing that early intervention is the most cost-effective way to address vision issues in children, we partnered with Ekam Foundation to fund screening camps for 700 school children in Madurai & follow-up care for 29 kids needing prescription glasses. We supported 20 cataract surgeries in AP & Punjab.



EKAM USA: Indianapolis, IN

Bicycles & Toilets for Girl Students

To facilitate transportation from remote rural areas, we funded bicycle banks with 43 bicycles in Sanikavaram and Bommalapuram schools in Andhra Pradesh. We funded a functional toilet block for girls in LKB Nagar School, Madurai.



Basic Infrastructure for PHCs

Supported 3 PHCs in Madurai with life saving equipment like a fetal doppler and an infant warmer & basic needs such as BP apparatuses, x-ray supplies, and an RO unit.



Prosthetic Limbs

We funded over 100 custom prosthetic limbs for beneficiaries in Andhra Pradesh, Tamil Nadu and Telangana.



Ducklings for Widows

For livelihood support, we donated ducklings, feed and medicine to 10 widows who lost their husbands to COVID, in Jharkhand.



Blankets for Cold Winters

We supported 200 of the 1500 blankets that were distributed in Andhra Pradesh, Karnataka and Telangana to tribal, nomadic, and other poor people and children in orphanages.



Horizon House

Ekam Indy families have donated supplies and made 375 snack bags, and 667 sandwiches for unhoused neighbors who use the facility as a day shelter. We also donated \$500, leveraging Value Circle matching funds.



EKAM USA: Indianapolis, IN

A helping hand for bed-ridden and differently-abled adolescents

We sponsored monthly medical kits for a year for 10 patients suffering from spinal cord injury or cerebral palsy who need help to dignify their situation. We also provided a water purification unit to Chellamuthu Trust in Madurai that provides rehabilitation programs for adolescents with mental illness.



Gleaners and Midwest Food Banks of Indiana

We helped with a range of tasks, e.g., sorting produce & bread, assembling food boxes, loading cars with food boxes, helping over 6000 families and 10 agencies.



EKAM USA: Indianapolis, IN

Second Helpings

EYAs and parents helped sort and weigh pasta and assembled over 15000 grab'n go meals. They also made 100 pretty cards to accompany the meals delivered to A Caring Place, Damien Center & Julian Center.



EKAM USA: Indianapolis, IN

Celebrating Our EYAs

We are proud of our EYAs who continue to serve as the motivation to carry forward with our Ekam mission. We are inspired to see how they rise to serve the local community and help raise funds for needs in India, with the active support and engagement of their parents. They also welcome and mentor new/younger EYAs.

PVSA Award Winners

Silver: Anjali Patel

Bronze: Aadhya Vankayala, Adhik Suresh, Maya Patel, Nithik Sajja, Shrestha Vankayala



Lemonade Stand

EYAs and their parents set up a lemonade stand during India Day 2023 and raised funds for Anganwadi centers in Madurai.



Prize Money Donated for Toilets

Maya touched us all with her generosity and care when she donated the prize money for her creative artwork, to build toilets. Nithik wowed us with a fast-paced magical video for PHC fundraiser.



EKAM USA: Indianapolis, IN

What some of our members are saying...



“As an EYA, I love Ekam Indy because when I volunteer at Second Helpings, Gleaners, and other agencies, it is always good friends working together to make a change in the community.” – Nithik

“Ekam Indy is well-organized, and the small group setting at local volunteering events is good for fostering and nurturing friendships and providing opportunities for learning for kids as well as adults. Seeing the impact motivates us to do our part in giving back to the society.” – Parent Neeraja

A note of gratitude to our members

We are thankful to all those who have donated to these causes in India and locally. We greatly appreciate the generosity of our Value Circle members: Anita & Arun, Aravind & Surekha, Babini, Bharat & Madhavi, Chandana & Ravi, Chetan & Mona, Jahn timer & Mounish, Kavita & Sanjay, James, Neeraja & Rama, Nirmala & Suresh, Pratibha & Ravi, Sabitha & Sudhakar, Shobha & Vijay, Shanthi, Soumya & Yashas, Sukumar & Uma.

For a complete details on this chapter, check out the [Indianapolis chapter](#).

EKAM USA: Littlerock, AR

Total Raised: \$16,778 (2023-2024)

8 PVSA Awards

Total 1,209.5 PVSA volunteer hours

Prosthetic Limbs = \$50

42 limbs were donated to Vijayawada and Khammam residents with implementing partner, Rotary Club.



PB&J Sevas

EYAs took part in assembly-line style seva to make and package PBJ sandwiches for local homeless shelters.



5K Walkathon in October

A 5K Walkathon that raised \$500 was organized, led by Aishani Artha.



Food Bank Volunteering

Volunteers participated in multiple shifts across multiple months at the Arkansas Food Bank, and took part in tasks such as organizing and depositing food.



EKAM USA: Littlerock, AR

Harmony Heals in November

This event had young performers that banded together for a ticketed performance for health charity. We raised \$1600.



Bicycle Donation

Ten bicycles (\$75) were donated for underprivileged children in Andhra Pradesh.



Ashraya Food Donation

We sponsored \$750 for 25 homeless and disabled people's meals for 3 weeks.



Cataract Surgery

Ten cataract surgeries (costing \$30 each) were implemented by the Sankara Foundation.



Reverse Osmosis Plant

We donated \$1250 to a reverse osmosis plant in Andhra Pradesh

Inner Garments for Orphans

We donated \$300 for inner garments and \$300 for books.

EKAM USA: Littlerock, AR

Anantapur Shop Sponsorship

\$ 1600 grocery store set up – Livelihood Project to physically disabled beneficiary.



Primary Health Centres Initiative

We raised \$2793 for PHC requirements in Tamil Nadu. SEE EMAIL FOR DETAILS

PVSA Award Winners

- **Gold:** Ananya Uddanti, Shallya Anand, Aishani Artha
- **Silver:** Disha Ram, Anya Rao
- **Bronze:** Anirudh Reddy, Shubhi Shekhawat, Khushi Patil



Little Rock Chapter EYAs



Not pictured: Adhi Ram, Khushi Patil, Aishani Artha, Ani Reddy, Anya Rao, Ayaan Patil, Risha Dubbaka, Ekansh Karivedha, Nidhi Hebbar, Shruthi Hebbar, Suyog Jain, Sohan Jayappa, Nysa Maruthy, Ritha Meenachi, Shallya Anand, Akshara Chevireddy, Shubhi Shekhawat, Vikrithin Kumaran, Anushka Thombre

EKAM USA: Los Angeles, CA

Livelihood Project

Tailoring training and sewing machine support to single/widowed women



Livelihood Support to Farmers and Women

Materials and equipment to grow and process organic groceries- turmeric, red chili, and poultry farming, marketing, and selling resources.



EKAM USA: Los Angeles, CA

Education/Girl Child

Empowerment

Menstrual Hygiene training and essential supplies such as sanitary pads, hygiene materials, and personal care items - \$35 per girl child.

- Andhra Pradesh- Krishna & Prakasam Districts, slums of Machilipatnam & Vijayawada
- Chengalpattu, Kanchipuram District
- Mulanje District in Malawi

Bicycle Bank

Our initiative aims to prevent low-income girl students from dropping out of school due to transportation issues. We rent bikes to these students and ensure their continued access to education. The bikes are held with the school and passed on to future students, making it a sustainable investment. Each bike costs \$70 and is implemented in Andhra Pradesh and Malawi. 25 bicycles given to girls.



Project Malawi

Empowering girls in rural Africa through access to education and community programs, education support, bicycles to school, uniforms, etc.



Libraries in Schools



EKAM USA: Los Angeles, CA

Medical/Health

- Mother/Child Health Education Programs: Two camps
- Hemophilia Medical Bracelets to local children in LA, \$35 each
- In-Home Medical Alert bracelet for Older Adults, ensuring their safety and well-being around the clock, \$55 each.
- Cataract eye surgeries



- Community empowerment



EKAM USA: Los Angeles, CA

- Clean water in villages through Reverse Osmosis plants



- Christmas donations to local poor families in LA



- Mental Health Yoga camp for youth



- Disaster relief efforts in India- flood relief- blankets, medical equipment



EKAM USA: Los Angeles, CA

PVSA

EYA NAME	Award Type
Ved Kartik	Gold
Advait Kartik	Gold
Ayaan Bharuka	Gold
Sanjith Muthu Kumaran	Gold
Dhruv Pinkal Jogani	Gold
Kathryn Coon	Silver
Dhrupali Vinod Bharuka	Silver
Pamita Pinkal Jogani	Silver
Hudson Coon	Bronze
Thanuj Komatireddy	Bronze

For more information on the EKAM Los Angeles chapter, [click here](#).

EKAM USA: New Jersey

Food Donations at Alcohol Rehab Center



Blanket Donation - Project Linus

Ekam NJ teamed up with Project Linus to donate 25 handmade blankets to give warmth to children who are in need.



Savers Clothing Drive

EKAMUSA
Healthy Child. Healthy Community.

SAVERS COLLECTION DRIVE

Funds raised with this drive from 2c to 20c per pound(our goal is 3000lbs) will be used to provide Prosthetic limbs for needy in May 2024

Last day to Drop Off: Friday , May 3, 2024

Please donate **GENTLY USED** items only and help us collect more so we can help more in need

In Bags: Clothes, coats, shoes, scarves, linens, handbags, blankets, pillows, sheets, belts, backpacks, curtains, accessories, etc.

In Carton Boxes: Kitchen items, home decor, toys, games, small appliances, etc.

In Carton Boxes: Books (no textbooks or encyclopedias), media (needs to be boxed separately), etc.

Empty carton boxes too accepted

If you dont have boxes please drop off in trash bags

We dont accept- large items and furniture, or baby safety items (cribs, strollers, high chairs, bounce seats etc)

Drop Off Locations

- Priya Doolapeta/Ph: 732-551-9007-53 Eastern Dr, Kendall Park
- Jayshree Srikanth/732-642-5979 - 23 Barrington Rd, Bellemead
- Anantha Kondaparthi/Ph: 732-955-1632-5 Pace Dr, Edison
- Manasa Thoutam/Ph 732-801-7392-64 Saratoga Ln, Monroe
- Maahi Chaudhary/Ph 848-218-0489- 8 Raleigh Ct, Basking Ridge
- Prajna Prakash/ Ph 862-221-6480 - 56 Point View Parkway, Winyne

Birthday Party for Homeless Children



EKAM USA: New Jersey

Spooky Skelebration

EKAM NJ raised over \$450.



Night in the Cold Event



Rise Against Hunger

Our volunteers helped pack 864+ instant meals for child refugees in Vietnamese early development centers & schools.



Prosthetic Leg Camps

EKAM USA raised 350 prosthetic legs for rural villages in Hyderabad and Chennai.



EKAM USA: New Jersey

Toilets Funded in India

Construction of 5 toilets in school and supplied an overhead tank for water supply to all units.



Medical Kits to Patients with Spinal Cord Injury

We donated 58 medical kits to patients with spinal cord injury.



Save A Child Program - Sewa International

\$720 donated to Sewa.

Intimate Wear on Women's Day

2 sets of intimate wear donated to marginalized adolescents/women from 11 different orphanages in Andhra and Telangana.



EKAM USA: New Jersey

Sewing Machine Donation



PVSA



Our Partners

who make it possible for us to do projects at ground level

Partners in USA



Chetana Foundation



GMCGA



Global Pragathi



Hope4Spandana



I Demand Access



People Saving People



Prakasam Global NRI
Forum

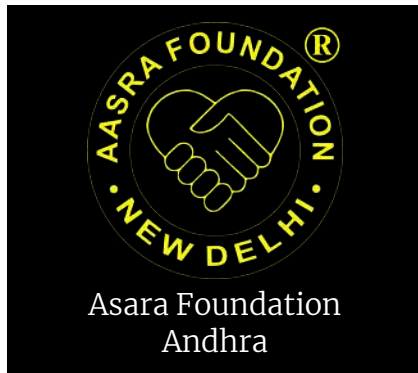


Protech Impact
Foundation



Uplift A Child

Implementing Partners in India



Aashraya Foundation
Maa Illu

Disabled Development
Organization- Anantapur

Hrudayalayam

President's Volunteer Service Award (PVSA)

Snapshot by Chapters

Chapter	Bronze	Silver	Gold	Total
Atlanta	5	1	3	9
Arkansas	3	2	3	8
Bakersfield	0	1	0	1
Baton Rouge	1	0	0	1
Bay Area	1	2	9	12
Boston	13	2	6	21
Charlotte	1	0	0	1
Dallas	2	1	1	4
Delaware	2	0	0	2
Houston	2	0	2	4
Indianapolis	5	1	0	6
Los Angeles	2	2	5	9
New Jersey	5	3	2	10
South Jersey	1	0	0	1
TOTAL	43	15	31	89



Ekam USA Chapters

Workshops for Youth Empowerment

Mediclown Workshop for Youth Values - Workshop by Fif/Auroville Foundation



EKAM USA's MediClown Funshop
A fun and interactive funshop with magic, theatre games, laughter, storytelling, and puppetry!
The fun begins!
Dates: 7/31, 8/2, 8/4, 8/7, 8/9, 8/11
5:30 PM PST/7:30 PM CDT
75 minutes/session

More Details

- Ages 12+
- 6 sessions/2 weeks
- Cost: \$30
- Certificate of completion

Registration
<https://ekamusa.org/event-5350756>

Visit MediClown
www.mediclownacademy.org

Testimonials from attendees
"I learned to love myself"
"I was a kid, and I was a superhero"

A registered activity of the Auroville Foundation

Yoga and Mindfulness – Workshop by Dr. Hemant Bhargav on multiple topics such as diet and sleep, useful for the EYAs



Yoga for Positive Growth Mindset
Sessions by Dr. Hemant Bhargav

Meditation

Every Saturday @ 3 PM - 4:15 PM PST
Session Dates: September 16th, 23rd, 30th
October 7th, 14th, 21st
To Register Contact: ekamla@ekamusa.org

Goal Setting and Affirmations – Workshop by Carolee Laffoon



Goal-Setting and Achievement with Power Statements
Zoom Webinar* for EYAs
Saturday, Sept. 30, 2023, 2:00-4:00pm CT

*Pre-work and link to join Zoom webinar emailed one-week prior

Facilitated by Life Coaches
Sandra Filer and Carolee Laffoon

Learn how to use positive, power statements to set goals that will fuel your achievement. In this workshop, you will learn how to identify and prioritize goals in different aspects of life (volunteering, school/work, health/wellness, spiritual, creativity/inspiration, family/friends) and turn them into achievable positive power statements. You will take away an easy-to-use practice to stay focused on your goals and keep them updated over time.

Join Sandra and Carolee to learn how these simple techniques can help you achieve your goals.

\$30 tuition, deadline to register is Sept.16
Register and pay through the event listing on Ekam website
Contact Neelima@ekamusa.org with questions

Support EKAM

Thank you

to our endless stream of volunteers and tireless team of chapter directors and administrative support team who make it possible to serve those in need. We are grateful to our donors who support our mission for holistic empowerment of communities in need.

Donation Options

- **Check:** Ekam USA, Inc. P.O. Box # 83931, Baton Rouge, LA 70884.
Please provide your email so we may send receipts.
- **Zelle:** To ekamusa16@gmail.com (No fee).
- **Paypal Giving Fund:** (No fee)
- **Paypal:** To ekamusa16@gmail.com.

**Click to
Donate**

EKAM USA Campaigns

EKAM Projects

**Find Your Local
Chapter (US)**

Donate to support any of our currently running campaigns:

Save Twin Babies

**Medical Care for
Pregnant Women
and Newborns**

**Education Support
for College Students**

**Bicycles for
Underprivileged Girls**

Your donation is 100% tax-deductible as Ekam USA is a 501(c)(3) nonprofit organization. We strive to use 100% of your donation towards the project and our admin cost is <2% because Ekam USA is completely run by volunteers.

